

Assessment: Annual Report



Operational (Acad Affairs) - Fitness Center

GBC Mission: Great Basin College enriches people's lives by providing student-centered, post-secondary education to rural Nevada. Educational, cultural, and related economic needs of the multicounty service area are met through programs of university transfer, applied science and technology, business and industry partnerships, developmental education, community service, and student support services in conjunction with certificates and associate and select baccalaureate degrees.

Unit Mission: The mission of Great Basin College Physical Education and Exercise program is to provide a natural extension of academic programs, enriching the lives of students, faculty, staff, and community members with the opportunity to participate in an individual or group fitness program, emphasizing safe and effective workouts and the importance of maintaining good health.

<i>Outcomes</i>	<i>Assessment Measures</i>	<i>Results</i>	<i>Actions</i>
<p>Fitness Center hours of operation - Fitness Center hours of operation meet the needs of GBC students, faculty, and staff.</p> <p>Outcome Status: Active</p> <p>Assessment Year: 2018-2019, 2022-2023</p> <p>Start Date: 08/27/2018</p>	<p>Internal Tracking - Through internal tracking, information will be collected from Fitness Center's user sign-in sheets during the Fall 2018 semester. Based on the gathered data, Fitness Center hours of operation will be adjusted for the Spring 2019 semester.</p> <p>Criterion: The set hours of operation will correspond with times when 70% of students and faculty use the Fitness Center.</p> <p>Notes: Fitness Center sign-in sheets are currently in use. Student workers will be instructed to ensure all gym users sign in and out. A spreadsheet will be created to track usage and participation from students, faculty and staff, and community members.</p> <p>Related Documents: Fitness Center Fall 2018 Patron Activity Statistics.xlsx</p>	<p>Reporting Period: 2018-2019</p> <p>Criterion Met: Yes</p> <p>At the end of each business day, student workers entered the collected data into a shared Google spreadsheet. The spreadsheet then generated several graphs and tables based on the inputted data. One bar graph shows the number of Fitness Center patrons per hour. Another bar graph shows the breakdown of the number of patrons for each day of the week. A table shows the breakdown of Fitness Center patrons per hour based on activity (refer to the categories mentioned above).</p> <p>Please refer to the attached document to view all of the collected data.</p> <p>Interpretation of the results:</p> <p>My interpretation of the results is that the Fitness Center is busiest between the hours of 9 a.m. to 7 p.m. Monday-Thursday. The generated results show 98.77% of Fitness Center patrons visit the gym between those hours.</p> <p>The majority of the activity in the Fitness Center occurs Monday-Thursday between the hours of 4 p.m. to 7 p.m., which is when most of our classes take place. The evening</p>	<p>Action: In order to improve our success, I implemented daily tracking of hourly patron usage based on activity. This required training Fitness Center staff and then enforcing daily data entry. Strong collaboration with support staff resulted in the creation of the shared Google doc, which allowed each staff member access to the data.</p> <p>When the action took place:</p> <p>The implementation of the Fitness Center patron tracking spreadsheet began the first day of the Fall 2018 semester (Aug. 27) and concluded the last Friday of the semester (Dec. 14). (06/26/2019)</p> <p>Follow-Up: Yes. Tracking daily patron usage allows us to determine the busiest times of the</p>

<i>Outcomes</i>	<i>Assessment Measures</i>	<i>Results</i>	<i>Actions</i>
		<p>hours are also when Open Workout, Membership, or community patrons are most likely to use the Fitness Center according to the “Semester Patron Activity by Hour” table.</p>	<p>day. The data reinforces the importance of providing evening hours for our patrons. In addition, tracking usage allows me to better determine which times PEX and Continuing Education classes should be offered for future semesters.</p>
		<p>According to the collected data, 71.54% of Fitness Center use occurs between the hours of 3 p.m. to 8 p.m. The noon hour is the next busiest time, consuming 15.4% of daily use. Noon classes are offered Monday-Friday, which makes the lunchtime hour one of the busiest of the day.</p>	
		<p>Events made up 2.2% of Fitness Center usage.</p>	<p>For the Spring 2019 semester, I have continued to track Fitness Center patron usage. For the Fall 2019 semester, I plan to include rock climbing as a separate activity to better track usage of the rock wall.</p>
		<p>Community drop-ins made up 2.4% of patrons.</p>	
		<p>For the Fall 2018 semester, the Fitness Center hours of operation were Monday-Thursday 8 a.m. to 8 p.m.; Friday 9 a.m. to 3 p.m.; and Saturday 9 a.m. to 1 p.m. Based on the results from the data, I maintained those hours of operation for the Spring 2019 semester.</p>	<p>This outcome will be assessed again in 2022-23. (06/26/2019)</p>
		<p>The current hours of operation allow the Fitness Center to be open during the prime evening workout hours for students, faculty, staff and the community. While 91% of Fitness Center patrons visited the facility Monday-Thursday, 572 patrons (5.7%) used the facility on Friday and 289 patrons (2.9%) used the facility on Saturday during the Fall 2018 semester. (06/26/2019)</p>	