



SESSION 1



WHO ARE YOU

Directions:

Write answers to the following questions. You will be asked to share your answers with the group as a means of everyone getting acquainted.

Read "About Magic," on the page following the table of contents.
What do you expect to learn from this program?

What do you plan to do after you graduate from high school?

What do you like most about yourself?

If you could change one thing about yourself, what would it be?

Who is your favorite person in the world? Why?

TURN OVER A NEW LEAF

Directions:

Write down four things you would like to do differently in your life to make it more positive. You will be asked to share your answers with the group as a means of everyone getting acquainted.





PACK AWAY THE EXCESS BAGGAGE

Directions:

Fill in the suitcase with things you would like to eliminate from your life in order for it to be more positive. You will be asked to share your answers with the group as a means of everyone getting acquainted.



ROOM TEMPERATURE



Directions:

Place the letter on the line next to the word that best describes your attitude on these specific occasions:

- Rate your feelings right before you were referred to MAGIC.
- Rate your feelings when you learned you were referred to MAGIC.
- Rate how you feel now.

Write your name on a sticky note and place it on the Room Temperature wall chart based on how you feel right now.