

Holidays and Travel

As we approach the holiday season, please keep in mind the guidelines that the CDC has issued. Staying home is the best way to protect yourself and others from COVID-19.

If you are traveling and celebrating fall and winter holidays, please keep yourself, your family, friends, co-workers, fellow students, and our communities safe. Avoid gatherings, wear face coverings, practice social distancing, frequent handwashing and disinfecting. Do not travel if you are sick, or if you have been around someone with COVID-19 in the past 14 days. Don't travel with someone who is sick.

Please click on this link for CDC Guidelines on travel

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>

If you do travel, follow CDC protocols on travel to/from your destination and return.

You must stay home and not return to a GBC campus/center

- if you are ill,
- if instructed to quarantine under the CDC guidelines,
- if you cannot honestly complete the daily self-health assessment with a 5/5 score.

https://www.gbcnv.edu/committees/campus_advisory_covid/docs/covid_cert_form.pdf

Please notify your instructor/supervisor if you are ill or will not be at class/work. If you are on campus/center and start to feel ill, please let your instructor/supervisor know, leave campus/center, and go home. We encourage anyone who is not feeling well to seek licensed medical advice.

Thank you for doing your part to stop the spread of COVID-19 and help to keep our family, friends, all members of the GBC communities and our communities at large safe and healthy.