GREAT BASIN COLLEGE STUDENT GOVERNMENT ASSOCIATION

MINUTES DATE: 3/3/2023 TIME: 11 AM

VIDEO OR TELEPHONE CONFERENCE CONNECTION FROM THE MEETING SITE TO: SGA Office Leonard Center, GREAT BASIN COLLEGE CAMPUS, ELKO 1500 College Parkway

A VIDEO CONFERENCE CONNECTION WILL BE MADE FROM THE MEETING SITE TO GRISWOLD HALL, GREAT BASIN COLLEGE CAMPUS, ELKO LOCATED AT 1500 COllege Parkway. IN THE EVENT THE VIDEO CONFERENCE CONNECTION IS NOT FUNCTIONING, A TELECONFERENCE CONNECTION WILL BE MADE AVAILABLE.

THE PUBLIC MAY ATTEND THE MEETING AND PROVIDE PUBLIC COMMENT AT THIS SITE. IN PERSON ATTENDANCE MAY BE LIMITED IN ACCORDANCE WITH APPROVED CAPACITY AND SOCIAL DISTANCING GUIDELINES FOR ELKO COUNTY, AND SUBJECT TO GBC COVID-19 PROTOCOLS AND POLICY. PUBLIC COMMENT MAY ALSO BE SUBMITTED VIA ONLINE BY EMAILING SGA@GBCNV.EDU. COMMENTS MUST BE RECEIVED BY 5 PM PST THE DAY PRIOR TO THE MEETING. MEMBERS OF THE PUBLIC WISHING TO VIEW OR ATTEND THE MEETING MAY DO SO VIA ZOOM AT

https://gbcnv-edu.zoom.us/j/89285042663?pwd=Qk5JRm13SjExZWkweXQ2ZzZXWEpIdz09

MEETING CALLED TO ORDER AT: 11:02 AM

1. ROLL CALL:

EXECUTIVE BOARD

PRESIDENT: ZACH STAMP	PRESENT
VICE PRESIDENT: JAMES MACGREGOR	PRESENT
SECRETARY: JONELLE HARLAN PRESENT	
STUDENT ADVOCATE: RYAN HATHAWAY	PRESENT

SENATORS

BATTLE MOUNTAIN VACANT	
ELKO SANDRO CASTILLO ASH FAYAL KARISSA GURR	PRESENT PRESENT PRESENT
ONLINE CATHY COLE DENIELLE KIRKMAN	PRESENT PRESENT
ELY VACANT	
PAHRUMP SOFIA POULIS	PRESENT

ALLISON VANHOLDER	PRESENT
WINNEMUCCA JOSE HUANTE ASHLEY SALGADO	ABSENT PRESENT

GUESTS

NAME	TITLE
ASHLEE JENKINS	ADMIN ASSISTANT- WINNEMUCCA
ANGELICA CORTEZ	SGA CANDIDATE
SHAKIRA CHESEBRO	ADMIN ASSISTANT- PAHRUMP
MEGAN TUELL	SGA CANDIDATE

2. PUBLIC COMMENT INFORMATION

None.

3. APPROVAL OF AGENDA FOR POSSIBLE ACTION

Vice President MacGregor motioned for approval of the agenda for 3/3/2023. Secretary Harlan seconded.

DISCUSSION: Motion passes unanimously.

4. APPROVAL OF MINUTES FOR POSSIBLE ACTION

Senator Fayal motioned for approval of the minutes for 2/24/2023. Senator Salgado seconded.

ABSTENTIONS: Denielle Kirkman

DISCUSSION: Motion passes unanimously.

5. PRESIDENT'S REPORT INFORMATION

President Stamp mentioned the following:

- He appreciated the participation from his leadership activity last week.
- He has finished the letter of support from our support in the Student Borrower's Rights & Loan Repayment, Protections for a Safe and Respectful Learning Environment, Loan Repayment for Health Students Problem Statement, and Citizenship Pathways for NSHE Students Problem Statement bills.
 - He is willing to email the letters as he prepares them.

6. VICE PRESIDENT'S REPORT INFORMATION

Vice President MacGregor mentioned the following:

- He enjoyed the leadership activity presented by President Stamp.
- Blood drive is happening today at the college.
 - There have been many cancellations due to weather.

7. SECRETARY'S REPORT INFORMATION

Secretary Harlan mentioned the following:

- Was surprised that she has been active in student government since the fall of 2021.
- Requested a copy of the letters that President Stamp is working on.
- Requested that Ryan send an email with the upcoming leadership schedule.

8. STUDENT ADVOCATE'S REPORT

INFORMATION

Student Advocate Hathaway mentioned the following:

- Board of Regents meeting is happening this month.
 - All are welcome to attend.
- He is working on a Pi Day event for all centers. He will be reaching out to those that can help at each center.
- Emphasized the importance of donating blood if possible today at the blood drive.
- Elections are next week, prepare a speech ahead of time if you have not done so already.

9. SENATOR REPORTS <u>INFORMATION</u>

BATTLE MOUNTAIN	NONE.
ELKO	Senator Castillo is working on a martial arts event. He will be organizing a class for beginners at their facility. He will be submitting an agenda request when he has the plans organized. Senator Fayal will be at the event for Pete Ludwig on March 4. He is looking forward to attending an NSHE summit on behalf of GBC for foster care. If there are GBC students interested in transferring to UNR they are invited to attend a college tour on March 10th (transportation will be provided by the GBC). Senator Gurr would like to organize an event to help students become CPR certified.
ONLINE	Senator Cole had nothing to report. Senator Kirkman has continued working on her virtual Trivia Night on March 16.
ELY	NONE.
PAHRUMP	Senator Poulis was able to meet with her Administrative Assistant last week. She has scheduled Lucky Bingo Night for March 15. Senator Vanholder had nothing to report.
WINNEMUCCA	Senator Salgado will be at the Pete Ludwig event on March 4. She is planning to submit an agenda request for a photo contest this month.

10. PI DAY FOR POSSIBLE ACTION

Student Life & Housing is requesting funding to celebrate Pi Day with pie. Prize will be given to the student who knows the most digits of pi. Ryan Hathaway is requesting \$40 for supplies (non-food and non-prize items) and \$400 for food and prizes.

Senator Kirkman motions to approve Pi Day. Senator Fayal seconded.

DISCUSSION: Motion passes unanimously.

11. LEADERSHIP ACTIVITY INFORMATION

Senator Cole led the group in a discussion about stress:

- What is stress? Stress can manifest as fear, worry, inability to relax, increased heart rate, difficulty in breathing, disturbance in sleeping patterns, change in eating patterns, difficulty in concentrating, worsening of pre-existing health conditions (physical and mental) and increased use of alcohol, tobacco and other drugs.
- Types of stress: Acute & Chronic
- Physiological effects:
 - 1) stress release hormone
 - 2) High blood pressure
- Psychological effects:
 - 1) Good way to reach goals
 - 2) Anxiety & irritability
- Coping with stress: sleep, eating healthy, exercise, connect with others, and relaxation
- Group discussion about how we each deal with stress: reading, finding control in simple tasks, deep breathing, chewing gum, fresh air, exercise (hockey, weightlifting, running), herbal drops, alone time, and nature sounds.

12. PUBLIC COMMENT INFORMATION

- Senator Fayal reminded the group to reach out if they are interested in the UNR tour.
- Ryan Hathaway posted the leadership activities for the following weeks:
 - March 10 Sandro Castillo
 - March 17 Denielle Kirkman
 - March 24 Spring Break (NO MEETING)
 - March 31 Ashely Salgado
- Shakira Chesebro is the new Administrative Assistant for the Pahrump center and she introduced herself to the group. She is excited to work with the group and wished everyone good luck for the upcoming election.

Meeting adjourned: 11:42am President Signature: Date: 3/10/2023